

The Official Newspaper of Frank H. Peterson Academies of Technology Volume 7 Issue 1 November 2018

FHP Teacher of The Year

By Nija Sampson

Congratulations to Frank H.
Peterson's 2018-2019 Teacher
of the Year Chef Dougherty!
Dougherty has been at Peterson
for five years working in the
Culinary Academy. She has
recently taken over as head chef
for Petersons Culinary Academy.
Being nominated for the Teacher
of the Year award and being
specifically chosen to Dougherty "...
is a huge honor" and she's "...really
speechless about the whole thing."

Dougherty continued to say she never thought this was going to happen due to the fact that being a teacher was never really a career goal but she's determined. Before coming to Peterson, Chef Dougherty's college and career background consist of graduating

with a degree in political science from Towson University. She began working in several restaurants eventually owning her own gourmet deli and catering business, gaining extensive experience in those fields along with retail food. Also she worked for a chocolate company in Washington D.C. for ten years.

Dougherty reflected on her time since she has been at Peterson and explained, "In the past few years I learned that it isn't just coming to a job anymore, but it is coming to a place where I want to make a difference to the students that I have." Dougherty then discussed some of the things she wanted her students to take away from her as a teacher which

comprise of "...a sense of work ethic and a knowledge of the restaurant business, not just of cooking, but all the aspects that go into a food service business, as well as having an understanding of following instructions, the importance of being on time, and professionalism." Not only does Chef Dougherty offer her culinary skills to Peterson, but she shows (to everyone) what it means to work hard and be dedicated to what you do. She tries to be involved in everything along with her students, she added "I'd like to see more academy based businesses at Peterson."

When asked what was the hardest

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Senior Events



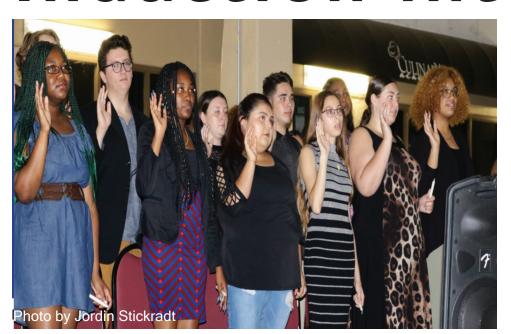
Seniors Jordin Stickradt, Mary Crosby, and Nevaeh Purvis on APES field trip to the Jacksonville Zoo



First senior trip to the Fun Works Skate Station

Seniors, Emily Meeker, Cheyanne Hopke and Jamal Plummer on Decade Day

Induction into NHS



By Zachary Caldwell

The National Honor Society is a nationwide organization for high school students to serve their community and work for a better purpose. National Honor Society builds character, establishes leadership skills within students, allows students to service their communities and gives students many college and career opportunities. The National Honor Society Sponsor, Ms. Lepper, explained the requirements to becoming a member of

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Eagle 411



Calendar

Compiled by Dan wiese

November: (Hamm)

11/21-23 – Thanksgiving break

11/28 - Early release

11/30 - Spirit day academy pride

December: (Mr. Potato Head)

12/6 – NHS meeting & Early childhood certification exam

12/7 – Spirit day favorite professional sports

12/10 - Yearbook club meeting

12/12 - Early release

12/14 – Spirit day academy pride

12/21 - Spirit day favorite college

12/24-31 - Winter break

Teacher of the Year

part about being a teacher Dougherty said, "Finding time to do everything you need to do, grading papers, writing tests, designing assignments, shopping for the kitchen, and making sure everyone is on the right path."

With all that on her plate Dougherty still manages to persevere and stay focused on her goals which are, Graduating all her students, "100 percent of my seniors graduate with their industry certification, to prepare them for the college or [the] career world, which ever they choose or both, and to teach them that you have to make things happen and that nobody does it for you."

Once again congratulations to Chef Dougherty!

Frank H. Peterson Safety

By Cassie Peniza

Because of acts of violence directed at schools, like Marjory Stoneman Douglas, several Duval County schools throughout the county have added new safety measures to their campuses.

Superintendent Diana Greene stated, in an email, "Besides visiting classrooms, I toured every high school in our district and [have] spoken with each high school principal about security. Continuously improving safety remains a priority as we experienced first hand the heart-breaking effects of escalating community violence on our campus."

One of the huge things that have been added to Frank H. Peterson is a fence. Principal Mastromatto, stated "...eventually that will give us a one entry, so we can better monitor who is coming on and off campus.". The fence has sparked annoyances among students. Senior Dan Wiese, "I believe it's pointless. If there's any danger we won't be able to get out. The danger could be a student and you won't be able to tell until they're already in and harming people."

Julymar Cruz-Febles, a sophomore added "I think it's both a good and bad idea. Some students don't know when to stop so it'll be like a

new 'goal' for them to find another way off campus."

Another Senior, Danielle
Varnadore, also added, "The gate
that is being put up is pointless we
went so many years without a gate
and all of a sudden you want to put
a gate up. It made us look like were
caged up in a jail.. Even though yall
[are] putting it up for safety people
can still find a way to get in if they
wanted to so I don't see what the
point is".

Maggie Mattison, another sophomore, also went on to say. "I personally think the fence is utterly pointless. It looks stupid and kids can still get out. The fence is not doing anything to protect the school. I personally think it was a dumb idea."

The Armstrong Fence Company installed the new fence In addition to the fence, the check in/out office has been moved. Years before parents and guest have been confused on where to check their student out. Many of which wondered around the school before finding it. So, the check in/out office has been moved from the back of the school to the front, which is now in room E606. This is not only for safety reasons, but also for convenience.

Events like Sandy Hook Elementary

School and Marjory Stoneman Douglass High School are tragic and tend to strike fear. Schools add safety when events like those occur. Thankfully, there are drills put into place to help prepare students for any unsafe situation.

Superintendent Greene went on to say, "Good communication-see something say something-remains the first and best strategy for prevention and intervention." According to a News4Jax article posted on October 16 2018, all Duval County Public Schools will be getting metal detectors. The metal detectors will arrive sometime in January.

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Peterson Fun Night

By Trinity Lee

Peterson's next Fun Night will be on Thursday March 21, 2019 at Adventure Landing on Blanding Blvd. Students will have access to unlimited mini golf, go carts, and laser tag. The final date is scheduled Thursday, May 16, 2019. Both events are from 6-9 p.m.

Tickets can be purchased for Mrs. Yazdiya in F110 or from a journalism student. Students will not be able to purchase a ticket at Adventure Landing.



Nest Notes

Traveling- My Experiences

By Dan Wiese

I was a part of the lucky few who got to visit Europe this summer with Explorica. They hosted the trip and it was perfect. I would describe it as a tasting platter of each place so if you have the opportunity to return you know exactly what you'd want to explore. The teachers who went with us were: Mr. Lichinak, Mrs. White, and Mrs. Boos. A couple parents went as well and several students. There was a plethora of people but it truthfully just made it more fun. We went all around Italy (Rome, Florence, The Vatican, and Venice), then to Innsbruck, Austria and finally Munich, Germany. It was nerve racking but insanely beautiful. There are things you'll need to know though since I witnessed many troubling things there.

The first thing I noticed: over packing. Do not over pack. It's so much to haul around from hotel to hotel and you're more likely to lose something. All I brought was a medium sized suitcase that had to be less than fifty pounds when packed and a carry on. That lasted me just fine and I had everything I needed. Pack your clothes as small as possible and everything else will fit perfectly.

I suggest bringing a bathing suit since you never know if you're going to use it. I ended up swimming once when I didn't think I would. Things that should go in your carry on are: Medicines, candies, phone/phone chargers, wallet, passport, chewing gum, hand held games, and maybe a book. One thing that will be useful is a suitcase lock. I had one for my suitcase and another

for my carry on. If you will be taking your carry on with you, like a backpack, keep your suitcase lock on it. My carry on was a backpack that I carried everywhere to hold the things I buy and other important things so I didn't want anyone pickpocketed me. The suitcase lock can get a little bit annoying but it'll save your life. Be prepared for mishaps and just stay calm. When I was in Vinci, Italy my suitcase lock didn't open and had to be cut off. Things happen and don't freak out like I ended up doing.

One of the most important things is your phone and credit/debit cards. There were so many problems with these when we were overseas. I'll start with credit cards. Go to your bank! Tell them you are gone for a certain amount of days and where you're going. They will turn off your card if you're not careful. That happened to many people while I was there. Also, most places I went to only took cash so ATMs will be your best friend. That's also a really good time to budget. Take out money every day and take out what you will use. I usually would limit myself to forty or fifty euros a day, some days I would spend only ten. I would take out that amount every day and keep that in my pocket. People would have trouble trying to use their credit cards since they would be declined for some reason. It was frustrating to watch. Phones.

They are difficult. Where I was, service was near impossible. The only place I could use my phone was in the hotels so don't expect to be using Instagram or Snapchat during the day. Take your pictures and when you get to the hotel use their Wi-Fi to post it. One over all rule, keep you phone and money in your front pockets and if it's comfortable keep your hands in there too. I know two people got their phones pickpocketed off of them since they kept it in their back pocket and some others lost some money. Don't get over confident. Pickpockets really will take things.



Photo by Dan Wiese

Something that is very important on this trip is to just explore. What we did was our tour guide, Valentina, would give us a meeting place and gave us two hours to explore the city on our own. I would go down every ally and inn every shop I could. Go in the buildings and take as many pictures as possible. Don't just stay in one shop and in one square. There's nothing more annoying than exploring with someone who doesn't want to see the landmarks and explore. I was partnered with a few people who just want to stay on one street, felt too lazy to climb a bell tower, and complained about the weather so much that they kept in a store. That drove me mad so don't be like that. Explore and don't be scared to wander. Just keep a map with you and keep track of where you're going. Keep track of that and the time and you'll be just fine. There's no such thing as too many pictures. Go nuts with pictures and have fun.

As a final word, just have fun. Don't limit yourself. Follow the rules, explore, and stay organized. It's a bit nerve racking but once you're there it will be the best time of your life. I don't regret going on that trip even though it was overwhelming. I wish I could go back sometimes but I missed people when I was there. The time difference made it hard to talk to my parents and my friend. I managed though and they kept me sane.

Teacher Feature

By Zachary Caldwell

Mr. Cox, the new teacher for the Aviation Academy and has replaced the late Mr. Gilbert Gregg. Mr. Cox is from Baltimore, Maryland and has a bachelor's degree in Sociology and Anthropology from Tulsa University.

He has had many jobs throughout his life including a social worker, door-to-door salesman, employee at Apple, and eventually he joined the Navy where he retired. Mr. Cox stated he flew P-3s while in the Navy and has lots of experience in the cockpit.

Mr. Cox says he came to Frank
H. Peterson because he loves the
approach the school is taking to
help its students grow and learn
trades that can be used in the
workplace after high school,

"It's a school designed to get people ahead and you know that's something I can get on board with." Mr. Cox holds Frank H. to



New aviation Teacher Mr. Cox

high standards, hoping it provides a good learning environment and hopes every administrator and staff is able to guide a student to success.

Talon Talk

FCCLA Brings Gold NHS continued from page 1

By Kayla Gardner

Peterson students won gold and bronze at the National Family, Career and Community Leaders of America conference this past summer. Congratulations to Junior Tamera Sonera who won gold in Early Childhood Education, graduates Janasia Philips, who won gold in Sports Nutrition and Desiree Lee who won bronze in Applied Math for Culinary Management.

The Culinary Academy also won second place in the country! FCCLA is an organization for young men and women and is centered in family and consumer sciences. This organization helps promote student leadership and to build skills in public speaking, responsibility and citizenship. Students are given the opportunity to travel

all over the country and to meet new people. Another Culinary student, Jamil George-Abdullah competed in both state and national competitions and won gold in Food Innovation. His project consisted of inviting ten senior citizens to lunch where he prepared a chicken, vegetable rice bowl and received feedback.

Jamil describes his project as "Unique" where he believes that he won because "Of the amount of effort I put into this project and my dedication for what I love to do". If you are interested in becoming a member of our FCCLA team, you have to be in either the Culinary or Early Childhood academies. To join there is a \$25 fee and meetings are held every Monday upstairs in the Culinary wing.

NHS are: 3.0 un-weighted GPA and all required tests passed (FSA ELA as well as Algebra 1).

Afterwards students must complete an informational sheet for the Faculty Council that details their volunteer work and leadership experience.

Congratulations to the following students for getting inducted into the National Honor Society as well as the National Technical Honor Society: Tehya Adkison, Samantha Bolt, Isabeau Brathwaite, India Brown, Jamir Brown, Tristan Burnett, Dominique Cadet, Zachary Caldwell, Seth Camara, Kayla Carlson, Tenielle Childs, David Cintron, Kristy Collins, Artavious Crooms and Destiny Crooms. Also, Angelys DeJesus Agosto, India Esquerra, Karmen Fousek, Joshua Frey, Angelina Fucile, Jaelyn Gamble, Tarrance Gilbert, Sean Gordon, Jovari Graves, Macayla Hall, Makayla Harris, Christee Hawkins, Isaiah Hunt, Kristen Hutter, Jared Johnson.

Also included were: Davlin Knight,
Jamie Langdale, Jasmine Littles,
Christine Mangune, Ka'mya McNair,
Rachel Meythaler, Sharnice Neely,
Bryanna Newton, Lorell NievesMendez, Daniel Patton, Phillip Pierre,
Jamal Plummer, Erica Ponn, Denym
Reed, Melissa Romero Garcia, Justin
Scinicariello, Zaire Shuman, Nikolaus
Sinor, Adriana Smith, Tamara Sonera,

Kourtnie Stallworth, Margaret Steele, Krys Stewart, Lauren Stokes, Shae Stubbs, Shayla Taylor, Nyah Thorne, Jordyn Ware, Jasmen White, Maria Wiese, Bryanna Williams, Devon Williams, Javon Williams, Sharelle Williams, Brentyn Wolfe, Joshua Young as well as Anna Zou.



NHS Inductie Seth Camara

Congratulations Girl's Dance Team

By Hannah Honkanen

After a couple of weeks of rigorous try outs, the final new Girls Dance Team members have been chosen.

Congratulations to the following students: Nyah Thorne (Captain), Shania McKenzy (Co-Captain), Za'Nyah Abraham, Shayla Taylor, Maciah Craig, Arniyah Hairston, Destiny Wilson, Adrionna Jones, Alondra Masso-Ortiz, and Na'keria

On Wednesday, October 31 they performed for the last ten minutes of all four lunches in celebration of Red Ribbon Week.

Scholarships

By Trinity Lee

College is something that people dream of, but sometimes families cannot afford to send their children. The price of college has increased over the years and it can be quite challenging if you do not have the money to get there. There are plenty of scholarships that people can get a hold of and that can help take the some of the

financial burden off of the family. A scholarship is a grant or payment to support a student's education, awarded on the basis of academic or other achievement. Here are a few scholarships:

Countdown to College Scholarship: www.UltimateScholarshipBook. com enter code PO12019 Deadline:

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Sterling Scott Honored

By Kazmin Reynolds

Congratulations to Sterling Scott for being selected for the Mayors Leadership Advisory Council and Representing Frank. H. Peterson at the Hugh O'Brien Leadership Conference last summer! He was nominated by former Peterson teacher Ms. Cowart for this amazing opportunity, you had to attend a school in Duval County, be a junior or senior, have a 2.0 GPA or Higher and write an essay on the



Sterling Scott at the lHOBY leadership confrence



Screaming Eagle Peterson Goes to Costa Rica

By Dan Wiese

"Traveling is investing in memories and experience and learning and something that will change you," Mrs. Wigelsworth shared in reference to an upcoming Costa Rica trip that Peterson is hosting. Costa Rica is a place of tropical rainforests and many bodies of water. There, coffee, sugar cane and chocolate grow in abundance and beautiful colorful beaches surround it. All of this and more can be experienced by students from Frank H. Peterson.

Peterson has recently joined the ranks of schools traveling around the world. So far, students have traveled to Europe trip, an upcoming trip to Washington D.C. is scheduled for March, another trip to Europe is slated for 2020, and now one to Costa Rica that's set to take place from March 15 to March 24, 2019.

Mrs. Wigelsworth and Mrs. Davie are hosting this trip to this magnificent tropical country. While Wigelsworth is hosting the trip she will not be going as she is having a baby. Monthly meetings are scheduled. If students have any further questions they can report to either teacher before or after school to ask them

While the trip is costly, there are monthly payments. Mrs. Wigelsworth explained, "It's \$2,500 more or less and so at this point, if you're signing up, it's like \$500 a month. Maybe a little bit less. So it's a lot. So, it's expensive because we started last year. If you jumped in right when we did it then the payments were around more or less \$180, but now because there's less months to distribute..."

There are a fair amount of people joining Mrs. Davie in travel, however, they will take more. If more people sign up, then there have to be some more chaperones, so if you and your parent wish to go then they will gladly sign you

Unlike the Europe trip, this trip will last nine days and take place in a tropical country. The Europe trip was centered around the history of the different countries but in Costa Rica the travelers will be learning more about their modern life. Mrs. Wigelsworth explained what they will be doing there, "Costa Rica is all about putting you in an environment where there's a different language to learn like Spanish, to improve that, but also it's also very rich in activities, like physical activities. The landscape is tropical so there's a rainforest and amongst the trees they have, I think they're the first country to do this, but they have zip lining."

Wiglesworth continued by explaining some of the many activities that will be offered, "One activity would be zip lining through the trees, another day would be to visit a chocolate farm, white water rafting, going to the beach. So exploring the natural world." She also mentions visiting a butterfly exhibit and having a chance to admire their natural waterfalls.

Mrs. Wigelsworth is an avid traveler and has some advice for others who doubt their ability to go on, or question the worth of, this trip. She states, "For future trips, for anybody, even if your

family doesn't always have a lot of money, when you invest in experiences like this, like if you could plan it out and dedicate a lot of time and if you could get a job and dedicate your paychecks to this. Like a portion of them, a good portion, then you'll always remember this experience." Even though it can be difficult, if there's enough passion and want then it can happen.

She advises students to weigh the worth of material objects, to wonder what's more valuable. "You could buy the next iPhone for \$800 or whatever, but that's literally a third of this trip and vou'll remember this for the rest of your life. Whereas, you'll have that iPhone for two or three years, maybe less." This is a life changing experience for many and she and Mrs. Davie welcomes anyone interesting in exploring a foreign county.

If anyone is interested go to either Mrs. Wigelsworth or Mrs. Davie's room (Davie D405A and Wigelsworth D403A) before or after school.

Sign Language in the Lab

By Jordin Stickradt

While there are many people who are deaf, there are not always people around who can speak sign language. Specifically, American Sigh Language (ASL) which is the third most used language in the United States, according to http://research.gallaudet. edy/presentations/2004-04-07-1. pdf. There are only 0.38 percent of the population who are deaf or hard of hearing, however approximately 250,000 - 500,000 people use ASL.

With Early Childhood Education (ECE) incorporating sign language into their curriculum not only will the preschoolers learn a new language, but the high schoolers will be able to learn something new, that will help them in the long game. Ms. Thompson, the ECE teacher, explained why she thought the sign language would benefit the high schoolers, " [The sign language] will make you more marketable as [a] preschool teacher, and you will be able to get your CDA with a sign language endorsement."

Sign language can be an essential asset for the preschoolers in ECE. Ms. Thompson says " [sign language] will benefit the preschoolers because they will be able to communicate with peers who may be deaf or hard of hearing." Teaching the preschoolers sign language now means that a lot of job opportunities open up for the students when they get older.

One of the lead teachers, Senior Kristy Collins explained, "Sign Language will benefit the preschoolers because they

Lead Teacher Mathew Anderson demonstrights the sign for excited Photo by Jordin Stic

learn a new language [that's different] from English. It builds fine motor skills, and gives them the opportunity to relate to others and other [forms] of language."

As with any second language, using

ASL can/will open up a door with many opportunities, to careers like: special education teachers, Interpreter/ translators, speech-language pathologist, audiologist, and/or may even be an EMT.

Peterson Pride

Cosmo's Haunted Tunnels Volunteer Fair

By Mabelle Jacques

The first ever Haunted Tunnels proved to be a successful event and was hosted by the cosmetology academy, the Haunted Tunnels took place on Friday, October 12 under the tunnels around the Cosmetology Academy. The event started in the tunnels. When first walking into the tunnels there is a haunted hallway which then led into a party at the end. They sold around 150 tickets.

Mrs. Mastromatto shared, "Congrats and thank you to Cavion Mitchell, senior cosmo student and her teachers Ms. Rowell and Mrs. Papa for leading the charge on creating the first Haunted Tunnels at FHP! Mrs. Hansen, Mr. Techentien, Mr. Lichniak, Ms. Jones, Mr. Harris and Dean Smith all helped in supporting the events success. The event was a huge success and lots of fun for all who attended. I look forward to this being an annual event."

Sophomore Terry Dela Cruz attended the event and said, "It was scary when all of the people kept coming up to me and my heart was beating so fast when the girl was arching her back crawling towards me. I felt like I was in a scary movie." Also, Sophomore Paris Bowman attended the event as well and shared, "It was very frightening, but at the same time very thrilling and I had so much fun." The Cosmetology Academy hopes to make the Haunted Tunnels an annual event.



Scott From Pq 4

requested topic. When sterling heard the good news about his nomination, he expressed I was Extremely excited! [I am] absolutely blessed [because] in the future I will be a politician."

Sterling went on to explain, " To make every child's voice heard. It is very important in today's society. Every student deserves to live up to their' God -given potential, learn how to listen to others even when we

disagree. That will help become a successful leader, especially when I become a politician. During the meetings they talked about health, violence, and school funding etc. Lastly, Sterling spoke with the Mayor discussing local politics and issues that involve with our community.

Congratulations again to Sterling Scott for this great opportunity!



Make up artist Mayra Gonzalez, Model Jordion Gaston



By Terry Dela Cruz

Frank H. Peterson hosted its first volunteer fair on Wednesday, September 19. Students were exposed to many organizations that are looking for volunteers. While volunteer hours are not required for graduation, students are encouraged to volunteer as it helps with scholarships and job opportunities.

The following are available to students: 2 Mile Ministries, American Cancer Society, The Arc of Jacksonville, Boys & Girls Club, City Rescue Mission, Ciara White Mission, Community Hospice Thrift Shops, Feeding Northeast Florida, and First Coast No More Homeless Pets.

Also. Girl Scouts. Goodwill. Gregory Drive Extended Day, Habijax, Jacksonville Public Library, Jacksonville Zoo, Night to Shine-The Tim Tebow Foundation, Police Athletic League, Pumpkin patch@ iofumc, Ronald McDonald House Charities, Salvation Army-Duval County, St. Johns River Keeper, Stockton Elementary, Venetia Elementary, Volunteermatch.org or Whitehouse.AG, YMCA(dyclay/ johnson). These organizations support many causes, so find your cause, earn your hours, and give back to the community.

by Donovan J Felton

Floridians rushed to the polls this November for a major election as the state is voting on a new governor. It is important to know that Florida offers online voter registration. Citizens can register to vote by mail in Florida by printing a voter registration form, filling it out, and mailing it to your local election office.

Students can also register to vote in person if they prefer at the at the local tax collectors office.

Voter Registration Step-Team

By Hannah Honkanen

After a couple of weeks of rigorous try outs, the final new step-team members have been chosen. Congratulations to the following students: Jaelyn Gamble (Captain), Violet Anderson, Montia Holland, Naya Hudson, Haleyah Israel, Rayonna Joe, Ishetar Jones, Savannah Mendez, Charlese Moody, Jashya Phillips, Kinnidi Towns, and Kimari Williams. On Wednesday, October 31 they performed for the last ten minutes of all four lunches in celebration of Red Ribbon Week.

Academic Achievement

Home School Sports Senior Necessities By Desmonde Murkey

Lee Generals

By Danielle Varnadore

Gabrion Merritt plays football for the Robert E. Lee Generals. By day he is a Peterson culinary student, and after school he transforms into a defensive end for the Lee Generals. He has been playing for Lee for three years now and is dedicated to football. As a result of dedication and hard work, he earned jersey number 10 and has future plans to go to college and play for the college team. He hopes to eventually get moved to the National Football League.

Merritt's favorite athlete is Odell Beckham, Jr. Beckham is a football player who plays for the New York Giants. Merritt says Beckham is his favorite athlete because he is strong, and if he gets knocked down he gets right back up.

Some advice that Merritt received was "How do you know how to get up when you don't know what getting knocked down is like?" He said it made him feel even more dedicated to football and he will continue to keep pushing for the Generals

Westside **Wolverines**

By Kalilah Singletary

Jaylen Hill is in the Aviation Academy at Frank. H. Peterson, but when Jaylen is not at school, he plays football for the Westside Wolverines

Jaylen has played for Westside for two years, but he has played football since he was four. He decided to play for Westside because he loves football and nothing will stop him from doing something he loves to do.

Jaylen is hoping to get a scholarship so that he can attend college. The advice people gave Jaylen was to work harder than anyone in and out of practice and give 100 percent in everything he wants to succeed in. Deion Sanders is Jaylen's favorites athlete.

Deion Sanders was a football player who played for the Atlanta Falcons, the San Francisco 49ers, the Dallas Cowboys, the Washington Redskins, and the Baltimore Ravens.

Jaylen's jersey number is 20 on the Westside football team. Go Wolverines!

Westside Wolverines

By Desmonde Murkey

Senior athlete, Bryanna Williams, is representing the Westside Wolverines for her fourth consecutive year playing volleyball.

Bryanna, our homeschool athlete, has learned how to balance enough time for her education and also her team.

As time begins to wind down, she prepares for her career goal gaining experience in the cosmetology program, and bracing herself for the certification exams. Ms. Williams was inspired to play on her own, because she did not wish to sit around the house due to the lack of sports at Frank H. Peterson.

Bryanna has advice for anyone that wants to do something but has fear to be outgoing, stating "Don't hang your heads down, keep your heads up. Even if you failed, you will succeed at something."

The next time number eight is on the court, show this star athlete Bryanna Williams some love!

Seniors!!! The year is starting off perfectly. Begin to start finalizing any decisions that will help you throughout the rest of your life. Here are some activities to check off your list and make sure you are surely

Fall (September-November)

Finalize college list

Tour the campus/see campus offerings

Consider options and recommendation letters

Meet all deadlines

Community service hours

Winter (December-February)

Complete FASFA

College interview(s)

Scholarship hunt

Spring (March-May)

College decisions verified / financial aid

Complete any AP test before sum-

Send final transcript

Summer (June-August)

Attend your college's summer orientation

Apply for student housing

Get ready by learning more about what your school has to offer

Marathon High a Club for Everyone

By Terry Dela Cruz

Some people run track, others run cross-country, then there are those who run half marathons. Marathon High is a program that helps teens train for a half marathon (13.1 miles). This is a four-month journey training week after week by not only running but growing as a person as well.

According to marathonhighfl. org, "Marathon High provides opportunities to help build selfesteem, courage, strength, confidence, healthy lifestyles and positive direction. While this is the eighth season of Marathon High, Peterson will be participating in its fifth season. There is no entrance fee to join, however there can be a \$10 charge for some races.

Marathon High is not a competitive club, therefore students from all kinds of athletic backgrounds are accepted no matter if they are currently involved in athletics. Joining Marathon High provides help physically, but also mentally. This year the students in Marathon High will have the chance to run in the following races: Mandarin High 10k Run, Resolution Run 5k, 26.2 with

Donna and the Gate River Run.

Senior, Elizabeth Withrow who had been in Marathon High since her junior year of high school says, "I love the family feel when we run, it helps when you feel like giving up and someone starts to cheer you on. It gives you an extra push to finish." After completing 13.1 miles Withrow explains," I wanted to cry I was so happy." Other students also agree and are excited to be a part of the 2018-2019 season of Marathon High.



Peterson Pride

Scholarships from pg 4

January 5. The amount is \$500.

Coolidge Scholarship: www. UltimateScholarshipBook.com enter code CA11719 Deadline: January 24. the amount is full tuition.

American Legion Legacy Scholarship: www.

UlitmateScholarshipBook.com enter code AM3519 Deadline: March 15. The amount is up to \$20,000.

College Prep Scholarship for High School Juniors: www. UlitmateScholarshipBook.com enter code QU11019 Deadline: March 22. The amount varies.

Couponing in College: www. UltimateScholarshipBook.com enter code DE12119 Deadline: October 27 the amount is \$2,000.

Congress Bundestag Youth Exchange Program: www. UltimateScholarshipBook.com enter code CO11419 Deadline: December 12. The amount varies.

Burger King Scholars Program: www.UltimateScholarshipBook. com enter code BU7719 Deadline: December 15. The amount is \$1,000-\$5,000.

Spread the Cheer

By Paris Bowman

The holidays are right around the corner, this is a time of happiness and excitement but, for many families it is a struggle. The Salvation Army is an organization that serves thousands of homeless



people giving assistance and supplies when its needed most.

Nearly 5,000 children are served with Thanksgiving dinner and Christmas gifts every year but all of this cannot be done without help from local communities.

Some ways you can help contribute are filling Christmas stockings, conducting food drives, host toy and clothes drives, or simply volunteer at a nearby shelter or event held by The Salvation Army.

For more information visit kim. crockett@uss.salvationarmy.org or call in at (904)301-4785

